

People featured are compensated by Gilead.

BELIEVE IT. *Be it.*TM

HIV doesn't have to change **WHO YOU ARE** or your plans

BIKTARVY[®] is a complete, 1-pill, once-a-day prescription medicine used to treat HIV-1 in certain adults. **BIKTARVY does not cure HIV-1 or AIDS.**

Ask your healthcare provider if BIKTARVY is right for you.



BIKTARVY[®]
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about BIKTARVY[®], including important warnings on worsening of hepatitis B, on page 20.

People featured are compensated by Gilead.

People featured are compensated by Gilead.

YOUR STORY

belongs to you


“I have love, laughter,
and family to embrace.”

Theron

Taking BIKTARVY® since 2020

Maricela

Taking BIKTARVY® since 2018

 **BIKTARVY®**
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about [BIKTARVY®](#), including important warnings on worsening of hepatitis B, on page 20.

People featured are compensated by Gilead.

People featured are compensated by Gilead.

You create

YOUR WORLD

Danny

Taking BIKTARVY® since 2018

What is BIKTARVY?

BIKTARVY is a complete, 1-pill, once-a-day prescription medicine used to treat HIV-1 in adults and children who weigh at least 31 pounds. It can either be used in people who have never taken HIV-1 medicines before, or people who have received HIV-1 medicines in the past, or to replace their current HIV-1 medicines, and whose healthcare provider determines they meet certain requirements.

BIKTARVY does not cure HIV-1 or AIDS. HIV-1 is the virus that causes AIDS.

What is the most important information I should know about BIKTARVY?

BIKTARVY may cause serious side effects:

- ◆ **Worsening of hepatitis B (HBV).** Your healthcare provider will test you for HBV. If you have both HIV-1 and HBV and stop taking BIKTARVY, your HBV may suddenly get worse. Do not stop taking BIKTARVY without first talking to your healthcare provider, as they will need to monitor your health, and may give you HBV medicine.



Please click to see Important Facts about BIKTARVY®, including important warnings on worsening of hepatitis B, on page 20.

“I show up for myself each and every day.”

Denise

Taking BIKTARVY® since 2019

People featured are compensated by Gilead.

BELIEVE IT.
Be it.™

WHAT YOU'LL FIND INSIDE

Living With HIV	5
About BIKTARVY	6
BIKTARVY Studies	7
Starting Treatment	8
Switching Treatments	10
Staying On BIKTARVY As Your Needs Evolve	11
Understanding Resistance	13
Possible Side Effects	15
Partnering With Your Healthcare Provider	16
Staying On Track With Treatment	17
Support and Resources	18

D'Eva

Taking BIKTARVY® since 2018



Please click to see Important Facts about BIKTARVY®, including important warnings on worsening of hepatitis B, on page 20.

You create
THE MOMENT

HIV doesn't have to
change that

HIV doesn't have to change who you are or who you can be.

While there is no cure for HIV, when taken as prescribed, HIV treatment can help you get to and stay undetectable, so you can **stay focused on your plans—big and small.**

Work with your healthcare provider as soon as you are diagnosed to find a treatment option that's right for you.

Taking HIV medicine as prescribed helps the body fight HIV.

- HIV medicines can lower the amount of virus in the blood **to levels that are undetectable.** That means the amount of virus in your blood is so low it cannot be measured by a lab test.
- Lowering the amount of virus in the blood helps increase CD4 T-cells (cells that fight infections in the body), strengthening the immune system.

U = U

Undetectable = Untransmittable

According to the US Department of Health and Human Services (DHHS), taking HIV treatment as prescribed and getting to and staying undetectable prevents transmitting HIV through sex.

To learn more
about living
with HIV,
click [here](#).

Phil

A big-hearted connector, Phil is committed to building community and uplifting others through conversation and education.

People featured are compensated by Gilead.

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about **BIKTARVY®**, including important warnings about BIKTARVY, on page 20.

Explore more about the #1 PRESCRIBED HIV treatment

Source: IQVIA LAAD, May 2019 through December 2025.*

People featured are compensated by Gilead.

Danny

Taking BIKTARVY® since 2018
Reality TV personality and trailblazing advocate, Danny believes in the power of visibility and storytelling.



BIKTARVY® is:



Not actual size
(15 mm x 8 mm)

- ✓ A complete HIV-1 treatment
- ✓ 1 small pill
- ✓ Taken once a day, at any time of day
- ✓ Can be taken anywhere
- ✓ Taken with or without food

Take BIKTARVY exactly as your healthcare provider tells you to take it, and do not miss a dose. Do not change your dose or stop taking BIKTARVY without first talking with your healthcare provider. BIKTARVY is a prescription medicine for adults and children with HIV-1 who weigh at least 31 lbs and who:

- are new to HIV-1 treatment
- are replacing their current regimen
- For adults and children who have received HIV-1 medicines in the past or are replacing their current HIV-1 medicines, their healthcare provider must determine if they meet certain requirements.
- have received HIV-1 medicines in the past **OR**

BIKTARVY does not cure HIV-1 or AIDS. HIV-1 is the virus that causes AIDS.

Children weighing at least 31 pounds to less than 55 pounds take a lower-dose tablet of BIKTARVY containing 30 mg bicitegravir, 120 mg emtricitabine, and 15 mg tenofovir alafenamide once daily with or without food.

Ask your healthcare provider if BIKTARVY is right for you.

*This information is an estimate derived from the use of information under license from the following IQVIA information service: IQVIA LAAD, for the period May 2019 through December 2025. IQVIA expressly reserves all rights, including rights of copying, distribution, and republication.

BIKTARVY fights HIV to help you get to undetectable—and stay there

The 3 powerful medicines in BIKTARVY were designed to attack the virus and work together to lower the amount of HIV in your blood to undetectable. When taken as prescribed, BIKTARVY can help you reach and stay undetectable.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about BIKTARVY?

BIKTARVY may cause serious side effects:

- ◆ **Worsening of hepatitis B (HBV).** Your healthcare provider will test you for HBV. If you have both HIV-1 and HBV and stop taking BIKTARVY, your HBV may suddenly get worse. Do not stop taking BIKTARVY without first talking to your healthcare provider, as they will need to monitor your health, and may give you HBV medicine.

**BELIEVE IT.
Be it.™**



BIKTARVY®
bicitegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about [BIKTARVY®](#), including important warnings about BIKTARVY, on page 20.

Whether you're

18 or **80**



Hugo

Taking BIKTARVY® since 2018

Hugo delights in travel and exploration and is a firm believer that there is something new to discover in each day.

People featured are compensated by Gilead.

BIKTARVY® is tried and tested with you in mind

HIV can affect anyone. BIKTARVY has been broadly studied in 9 clinical trials with more than 3600 people living with HIV, including:



People who are **new to starting** treatment



People who **switched** after being undetectable on another treatment



Various **rac**es and **eth**nicities



People aged **3 to 80 years old**



Pregnant people



People with **high amounts of HIV** in the blood



People with a **low CD4 count**

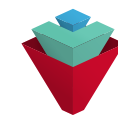


People whose **HIV is resistant** to certain kinds of medicines

Sometimes, HIV can change or mutate. This change might make some medicines not work as well. This is called a *resistance mutation* or *treatment resistance*.

Learn more about how BIKTARVY studies were designed on page 9, and why resistance matters on page 13.

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about **BIKTARVY®**, including important warnings about BIKTARVY, on page 20.

STARTING

HIV treatment

After being diagnosed with HIV, it's important to start treatment right away.

According to the DHHS, **many patients can get to undetectable in as quickly as 8 to 24 weeks** when taking their treatment as prescribed. **Some people are even able to start treatment the same day as diagnosis.**

An HIV treatment, when taken as prescribed, may reduce the amount of HIV in the body to an undetectable level. Being undetectable can help you live healthy with HIV.



What to expect when starting treatment

Some patients may be able to start BIKTARVY® right away. Before starting treatment, your healthcare provider will perform some tests to make sure it's the right fit for your needs. These tests will include:

- Testing for hepatitis B
- Determining if your HIV is resistant to any medications
- Checking your CD4 count
- Measuring the amount of HIV virus in your blood

Remember:

- Do not change your dose or stop taking BIKTARVY without first talking with your healthcare provider
- Stay under a healthcare provider's care when taking BIKTARVY

Talk to your healthcare provider about whether you may be able to start BIKTARVY right away, even the same day as your diagnosis. Starting an HIV-1 treatment is an important decision. Your healthcare provider will determine if BIKTARVY is right for you.

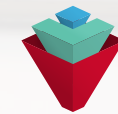
Dimitri

Taking BIKTARVY® since 2018

An actor and advocate, Dimitri's charisma and energy shine through in every opportunity he takes on.

Person featured is compensated by Gilead.

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about **BIKTARVY®**, including important warnings about BIKTARVY, on page 20.

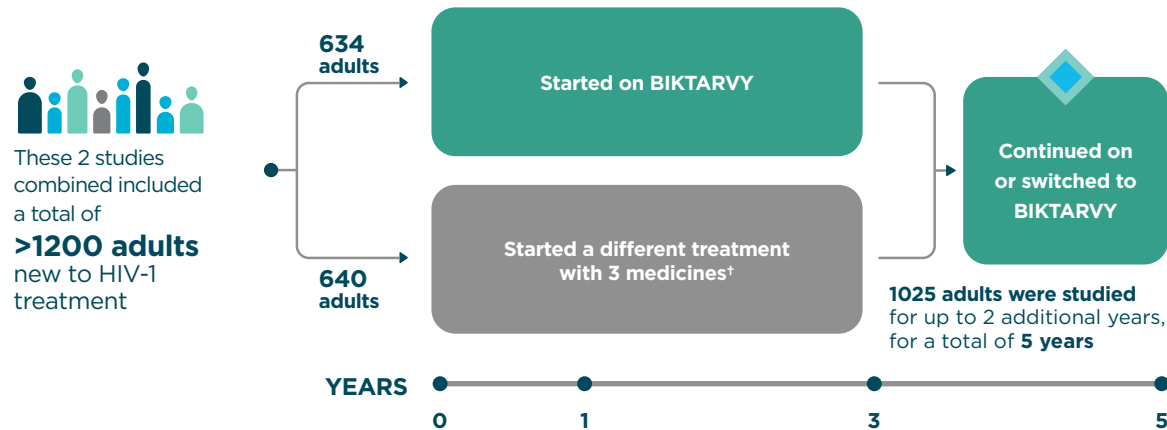
PROVEN EXPERIENCE

in clinical trials among people starting treatment

BIKTARVY® has been **proven effective at 5 years** in clinical trials of people new to treatment.

CLINICAL TRIAL OVERVIEW

Study 1489 & Study 1490 | 5 years



RESULTS

Both 3- and 5-year clinical study time points showed that most adults new to treatment taking BIKTARVY every day **reached and stayed undetectable** (less than 50 copies/mL).

*In one trial, the other treatment was TRIUMEQ® (abacavir, dolutegravir, lamivudine). In the other trial, the other treatment was DESCOVY® (emtricitabine, tenofovir alafenamide) + TIVICAY® (dolutegravir).

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about **BIKTARVY®**, including important warnings about BIKTARVY, on page 20.

PROVEN EFFECTIVE

in people starting HIV treatment in 2 clinical trials

IN BOTH TRIALS

AT 1 YEAR

About 9 out of 10 adults

living with HIV who were new to treatment on BIKTARVY® were undetectable at 1 year.

Study 1489

92% (290 out of 314) of adults on BIKTARVY were undetectable at 1 year compared to 93% (293 out of 315) of adults on TRIUMEQ®.

Study 1490

89% (286 out of 320) of adults on BIKTARVY were undetectable at 1 year compared to 93% (302 out of 325) of adults on DESCOVY® + TIVICAY®.

AT 3 YEARS

About 8 out of 10 adults

living with HIV who were new to treatment on BIKTARVY were undetectable at 3 years.

Study 1489

82% (256 out of 314) of adults on BIKTARVY were undetectable at 3 years compared to 84% (265 out of 315) of adults on TRIUMEQ®.

Study 1490

81% (262 out of 320) of adults on BIKTARVY were undetectable at 3 years compared to 84% (273 out of 325) of adults on DESCOVY® + TIVICAY®.

AT 5 YEARS

most adults new to treatment taking BIKTARVY every day **reached and stayed undetectable.**

Always work with your healthcare provider to decide which medicine makes sense for you. Learn more about safety information from these studies and Important Safety Information about BIKTARVY on page 14 and throughout this brochure.

Who should not take BIKTARVY?

Do not take BIKTARVY if you take:

- ◆ dofetilide
- ◆ rifampin
- ◆ any other medicines to treat HIV-1

What are the other possible side effects of BIKTARVY?

Serious side effects of BIKTARVY may also include:

- ◆ **Changes in your immune system.** Your immune system may get stronger and begin to fight infections that may have been hidden in your body. Tell your healthcare provider if you have any new symptoms after you start taking BIKTARVY.

More people have **SWITCHED** to BIKTARVY® than any other HIV treatment

Source: IQVIA LAAD, July 2018 through December 2025.†

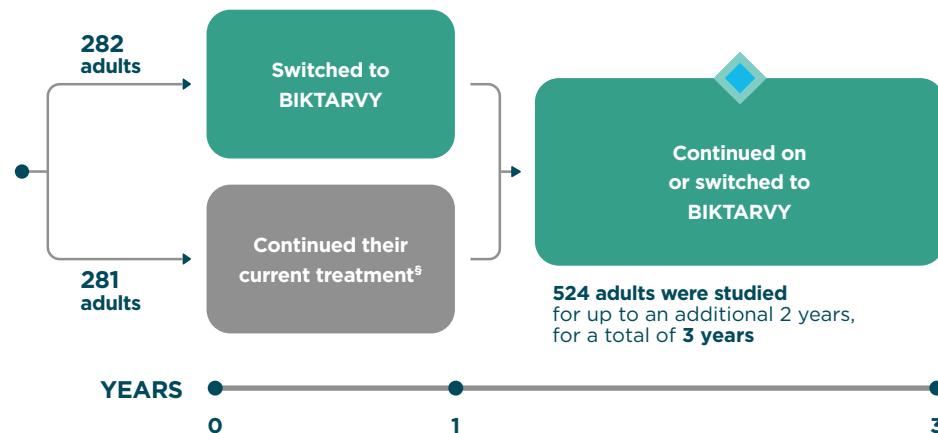
Ask your healthcare provider if switching to BIKTARVY can help you stay undetectable.

CLINICAL TRIAL OVERVIEW

Study 1844 | 3 years



One study involved **>560 adults** who were undetectable and switched or continued their current treatment



RESULTS

At 1 year, about 9 out of 10 adults (94%, 264 out of 282) who were undetectable on another treatment **stayed undetectable when they switched to BIKTARVY**. Of the adults who continued their current treatment, about 9 out of 10 (95%, 267 out of 281) stayed undetectable at 1 year.

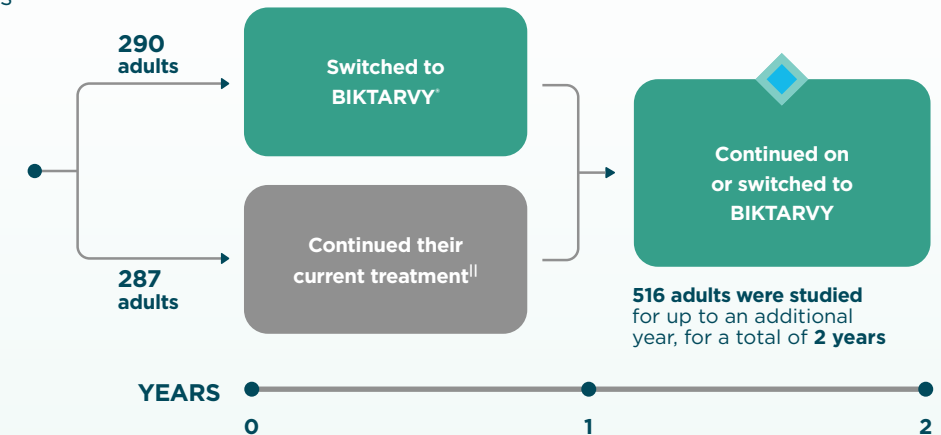
Both 1-year and 3-year time points showed that most adults who replaced their current treatment with BIKTARVY and took their treatment every day **stayed undetectable** (less than 50 copies/mL).

CLINICAL TRIAL OVERVIEW

Study 1878 | 2 years



One study involved **>570 adults** who were undetectable and switched or continued their current treatment



RESULTS

At 1 year, about 9 out of 10 adults (92%, 267 out of 290) who were undetectable on another treatment **stayed undetectable when they switched to BIKTARVY**. Of the adults who continued their current treatment, about 9 out of 10 (89%, 255 out of 287) stayed undetectable at 1 year.

Both 1-year and 2-year time points showed that most adults who replaced their current treatment with BIKTARVY and took their treatment every day **stayed undetectable** (less than 50 copies/mL).

Switching your HIV treatment is an important decision.

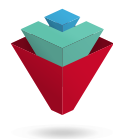
Always work with your healthcare provider to decide which medicine makes sense for you. Learn about safety information from these studies and Important Safety Information about BIKTARVY on page 14 and throughout this brochure.

†This information is an estimate derived from the use of information under license from the following IQVIA information service: IQVIA LAAD, for the period July 2018 through December 2025. IQVIA expressly reserves all rights, including rights of copying, distribution, and republication.

§The continued treatment was TRIUMEQ® (abacavir, dolutegravir, lamivudine).

||The continued treatments were a combination of either EPZICOM® (abacavir, lamivudine) or TRUVADA® (emtricitabine, tenofovir disoproxil fumarate) + atazanavir or darunavir (with cobicistat or ritonavir).

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about BIKTARVY®, including important warnings about BIKTARVY, on page 20.

Serious side effects of BIKTARVY may also include: (cont'd)

- ◆ **Kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys. If you develop new or worse kidney problems, they may tell you to stop taking BIKTARVY.

Your HIV treatment considerations may change over time

Getting to and staying undetectable on HIV treatment can help people live healthy lives with HIV. Treatment is important for anyone living with HIV. For older adults, you and your healthcare provider may need to consider additional factors related to aging that could impact your HIV care, such as:

- Other health conditions that are more common in older adults
- Drug interactions between HIV medicines and other medicines you may take
- Age-related changes that can make it harder to stick to your treatments

ACCORDING TO THE CDC, in 2023

By 2030

4 out of 10

people living with HIV in the US were aged 55+

About 2 out of 10

people living with HIV in the US were aged 65+

7 out of 10

people living with HIV in the US are estimated to be aged 50+

Serious side effects of BIKTARVY[®] may also include: (cont'd)

- ◆ **Too much lactic acid in your blood (lactic acidosis)**, which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.

**BELIEVE IT.
Be it.[™]**



BIKTARVY[®]
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about **BIKTARVY[®]**, including important warnings about BIKTARVY, on page 20.

Studied in a clinical trial specifically designed for people aged 65 and over.

CLINICAL TRIAL OVERVIEW

Study 4449 | 2 years

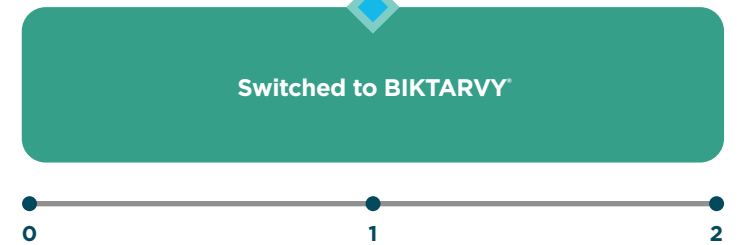


One study involved **>80 adults aged 65+ who were undetectable and switched their current treatment[†]**

▶ People in the study ranged from **ages 65 to 80**

86 adults

YEARS



[†]The other treatments were GENVOYA[®] (elvitegravir, cobicistat, emtricitabine, tenofovir alafenamide), COMPLERA[®] (rilpivirine, emtricitabine, tenofovir disoproxil fumarate), ATRIPLA[®] (efavirenz, emtricitabine, tenofovir disoproxil fumarate), STRIBILD[®] (elvitegravir, cobicistat, emtricitabine, tenofovir disoproxil fumarate), or VIRAMUNE[®] (nevirapine) + TRUVADA[®] (emtricitabine, tenofovir disoproxil fumarate).



Having ongoing conversations with your healthcare provider is important to make sure your treatment continues to meet your individual needs. Ask your healthcare provider if BIKTARVY is right for you.

#1 BIKTARVY has been the **PRESCRIBED** HIV treatment for more than 6 years in people over the age of 50.

Source: IQVIA LAAD, April 2019 through December 2025.[#]

[#]This information is an estimate derived from the use of information under license from the following IQVIA information service: IQVIA LAAD, for the period April 2019 through December 2025. IQVIA expressly reserves all rights, including rights of copying, distribution, and republication.

STUDIED

in more than 800 women



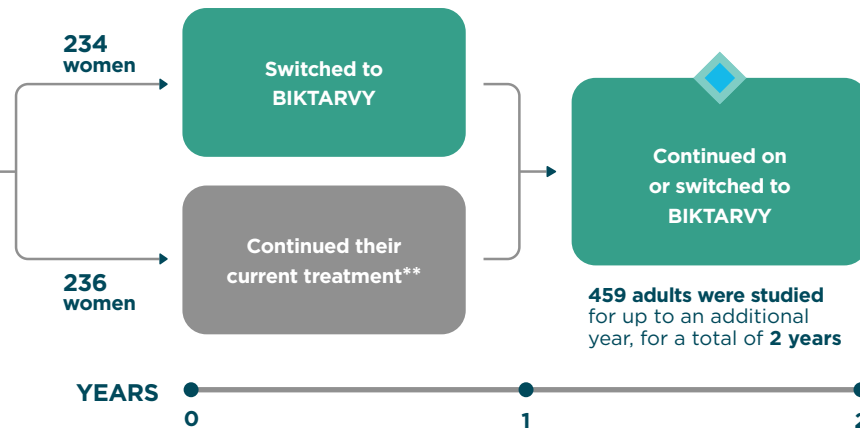
BIKTARVY® has been studied in **more than 800 women across 8 clinical trials**, including in one study involving **33 pregnant women**, and one study designed **specifically for women**.

CLINICAL TRIAL OVERVIEW

Study 1961



One study involved **>450 adult women** who were undetectable and switched or continued their current treatment

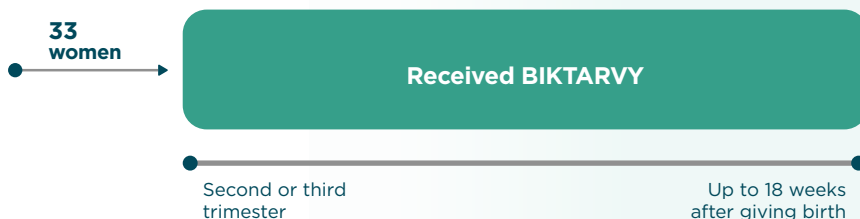


► Women in the study ranged from ages 20 to 63

CLINICAL TRIAL OVERVIEW

Study 5310

One study involved **33 pregnant women** who were undetectable on treatment and switched to BIKTARVY



**The other treatments were GENVOYA® (elvitegravir, cobicistat, emtricitabine, tenofovir alafenamide), STRIBILD® (elvitegravir, cobicistat, emtricitabine, tenofovir disoproxil fumarate), or REYATAZ® (atazanavir) + NORVIR® (ritonavir) + TRUVADA® (emtricitabine, tenofovir disoproxil fumarate).

The DHHS recommends that people living with HIV who are currently undetectable and able to tolerate potential side effects of BIKTARVY® can continue taking BIKTARVY if they become pregnant.

HIV medicines can lower the amount of virus in the blood to levels that are undetectable. That means the amount of virus in your blood is so low it cannot be measured by a lab test.



- Tell your healthcare provider if you are pregnant or plan to become pregnant while taking BIKTARVY.
- If you are breastfeeding (nursing) or plan to breastfeed, talk to your healthcare provider about the risks of breastfeeding during treatment with BIKTARVY.
- If you are pregnant and take supplements or antacids that contain aluminum, magnesium, iron, or calcium, talk to your healthcare provider about how to take BIKTARVY along with these supplements or antacids.

Serious side effects of BIKTARVY may also include: (cont'd)

- ◆ **Severe liver problems**, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark “tea-colored” urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about **BIKTARVY®**, including important warnings about BIKTARVY, on page 20. 12

DEFENDING AGAINST RESISTANCE MATTERS

Here's why

Taking your HIV medication as prescribed and using a treatment with a high barrier to resistance are important defenses against drug resistance.

What is resistance?

Sometimes, HIV can change or mutate. This change might make a medicine not work as well. This is called a *resistance mutation* or *treatment resistance*. When HIV becomes resistant, it's tougher to treat. Resistance is permanent and not reversible, which means future treatment options could be limited. That's why it's important to understand ways to help prevent resistance.

How does HIV become resistant?

- **From the start:** When someone acquires HIV, it is possible that the HIV virus is already resistant to certain medicines. This is called "preexisting resistance," and it means some treatments won't work even before they are used.
- **Over time:** If HIV changes after treatment starts, it can become resistant and affect how well the treatment works. Your viral load can increase if you don't take your HIV medicines as prescribed, if you miss doses, or if you stop treatment. This is one way you can develop drug resistance.

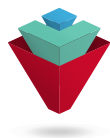
Make sure to take your treatment as prescribed because low levels of medicine in your blood may make it easier for the HIV virus to mutate or change.

The Importance of a High Barrier to Resistance

Medicines have low to high barriers to resistance, which tell us how many mutations would need to occur to stop the medicine from working. **A medicine with a high barrier to resistance means it can still work even after several mutations.** An important defense against drug resistance is taking your medication exactly as your healthcare provider prescribes and taking a treatment with a **high barrier to resistance**.

Make sure to discuss resistance with your healthcare provider. They can help you understand why barriers to resistance matter.

**BELIEVE IT.
Be it.™**



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about [BIKTARVY®](#), including important warnings about BIKTARVY, on page 20.



**cases of resistance
over 5 years**

Zero adults new to treatment developed drug resistance to BIKTARVY® through **5 years of clinical trials.**

Taking your medication as prescribed and taking a treatment that has a high barrier to resistance, like BIKTARVY, can help prevent drug resistance.



Start the conversation with your healthcare provider about why resistance matters.

What are the other possible side effects of BIKTARVY? (cont'd)

The most common side effects of BIKTARVY in clinical studies were diarrhea (6%), nausea (6%), and headache (5%). Tell your healthcare provider if you have any side effects that bother you or don't go away.

An established **SAFETY PROFILE**

D'Eva

Taking BIKTARVY® since 2018

D'Eva finds laughter with her husband every day. And as a proud Latina, she uses her lived experiences to champion self-advocacy.

People featured are compensated by Gilead.

What should I tell my healthcare provider before taking BIKTARVY?

- ◆ **All your health problems.** Be sure to tell your healthcare provider if you have or have had any kidney or liver problems, including hepatitis virus.
- ◆ **All the medicines you take,** including prescription and over-the-counter medicines, antacids, laxatives, vitamins, and herbal supplements. BIKTARVY and other medicines may affect each other. Keep a list of all your medicines and show it to your healthcare provider and pharmacist, and ask if it is safe to take BIKTARVY with all of your other medicines.
- ◆ **If you are pregnant** or plan to become pregnant. Tell your healthcare provider if you become pregnant while taking BIKTARVY.
- ◆ **If you are breastfeeding** (nursing) or plan to breastfeed. Talk to your healthcare provider about the risks of breastfeeding during treatment with BIKTARVY.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

<1% of adults new to treatment stopped taking BIKTARVY® due to related side effects^{††}

- Less than 1% of adults new to treatment who initially started on BIKTARVY at the beginning of the clinical trials stopped taking BIKTARVY because of related side effects through 5 years.

In clinical trials of adults living with HIV who were new to treatment and initially started on BIKTARVY at the beginning of the clinical trials, **no one stopped taking BIKTARVY due to bone-, kidney-, or liver-related side effects** through 5 years.

- Of the patients who initially started on BIKTARVY at the beginning of the clinical trials, the most common side effects of BIKTARVY through 5 years, experienced in at least 5% of people in either study, were diarrhea, headache, and nausea.
- Overall, the safety profile in clinical trials in people who switched to BIKTARVY was similar to those who were new to BIKTARVY.

These are not the only side effects of BIKTARVY.

Tell your healthcare provider if you experience any side effects that bother you or do not go away.

^{††}The side effects, also known as adverse events related to BIKTARVY that led patients to stop taking BIKTARVY over the 5-year studies were weight gain, chest pain, bloating, sleep disorder, indigestion, tension headache, depressed mood, and insomnia; depression.

**BELIEVE IT.
Be it.™**



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about [BIKTARVY®](#), including important warnings about BIKTARVY, on page 20.

UNDERSTANDING

possible side effects

Maricela

Taking BIKTARVY® since 2018

A nature lover with a creative spark, Maricela inspires her family and friends with the quiet strength and optimism she brings to each day.

People featured are compensated by Gilead.

The most common side effects of BIKTARVY® in clinical studies through 3 years were each experienced in at least 1 out of 20 people (≥5%). In clinical studies of 634 adults new to HIV-1 treatment with BIKTARVY, the most common side effects were diarrhea (6%), nausea (6%), and headache (5%).

These are not the only side effects of BIKTARVY. Tell your healthcare provider if you have any side effects that bother you or do not go away. **You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.**

BIKTARVY may also cause serious side effects, including:

- ◆ **Changes in your immune system.** Your immune system may get stronger and begin to fight infections that may have been hidden in your body. Tell your healthcare provider if you have any new symptoms after you start taking BIKTARVY.
- ◆ **Kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys. If you develop new or worse kidney problems, they may tell you to stop taking BIKTARVY.
- ◆ **Too much lactic acid in your blood (lactic acidosis),** which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- ◆ **Severe liver problems,** which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark “tea-colored” urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.



Ask your healthcare provider if BIKTARVY is right for you and learn more at BIKTARVY.com.

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about [BIKTARVY®](#), including important warnings about BIKTARVY, on page 20. 15

YOUR VOICE MATTERS

Partnering with your healthcare provider

Your healthcare provider is interested in ensuring you have a treatment plan that best fits your needs.

Building a Relationship With Your Provider



Help your provider understand who you are as a person—your lifestyle, your perspectives, your concerns. It's common for people to develop a strong ongoing relationship with their provider. The more your provider knows about you, the better they can recommend a treatment plan that fits your needs.



Keep an open dialogue about your health, and be sure to let them know if anything has changed.



Tell them about any other medicines or supplements you take.



Be sure to attend your regularly scheduled appointments.



Write down any questions you may have for your provider ahead of time, so you remember to ask during your appointment. Your provider is interested in how you're doing and any concerns you may have.

For a list of questions and topics you may want to discuss with your healthcare provider, click this link: [BIKTARVY.com/Resources](https://www.biktaryv.com/resources).

BIKTARVY® can affect the way other medicines work, and other medicines can affect how BIKTARVY works, which may cause serious side effects. Some medicines may also make the amount of BIKTARVY in your body too low to help keep your HIV-1 undetectable, and the virus may become resistant to BIKTARVY.

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about [BIKTARVY®](#), including important warnings about BIKTARVY, on page 20.

What should I tell my healthcare provider before taking BIKTARVY?

- ◆ **Tell your healthcare provider your health history** and if you have or have had any kidney or liver problems, including hepatitis virus.
- ◆ **Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, antacids, laxatives, vitamins, and herbal supplements. Keep a list of your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.
- ◆ **Do not start a new medicine without telling your healthcare provider.** Your healthcare provider can tell you if it is safe to take BIKTARVY with other medicines. You can ask your healthcare provider or pharmacist for a list of medicines that interact with BIKTARVY.

What if I am pregnant or breastfeeding or planning to become pregnant or breastfeed?

- ◆ **Tell your healthcare provider if you are pregnant** or plan to become pregnant while taking BIKTARVY.
- ◆ **If you are breastfeeding** (nursing) or plan to breastfeed, talk to your healthcare provider about the risks of breastfeeding during treatment with BIKTARVY.
- ◆ **If you are pregnant and take supplements or antacids that contain aluminum, magnesium, iron, or calcium**, talk to your healthcare provider about how to take BIKTARVY along with these supplements or antacids.

What should I do if I take too much?

If you take too much BIKTARVY, call your healthcare provider or go to the nearest hospital emergency room right away.

What should I do if I run out of medicine?

When your BIKTARVY supply starts to run low, get more from your healthcare provider or pharmacy. This is very important because the amount of virus in your blood may increase if the medicine is stopped even for a short time. The virus may develop resistance to BIKTARVY and become harder to treat.

STAYING on track with treatment

If you're having concerns about taking your HIV medicines, talk openly with your healthcare provider and any other health professionals who support you.

Here are some ways you can help stay on track:



Make treatment part of your daily routine.

Take it at the same time each day and set a reminder in your phone. You can also ask your pharmacy about setting up automatic refills.



Join a support group.

HIV support groups can help people living with HIV share experiences and perspectives, reduce stigma, and manage their feelings.



Ask for help.

If something is making it hard for you to keep up with treatment, reach out to your HIV care team. They want to help you overcome obstacles to treatment.

Zach

Taking BIKTARVY® since 2019

Zach is an avid outdoorsman. Humbled and inspired by the world's natural wonders, he's always planning his next adventure.

Person featured is compensated by Gilead.

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about BIKTARVY®, including important warnings about BIKTARVY, on page 20.

Ready to begin again?

If you're not currently on treatment, BIKTARVY may be an option to help get you back on track. Visit [BIKTARVY.com](https://www.gilead.com/medicines/hiv/biktarvy) to learn more.



Theron

Taking BIKTARVY® since 2020

With a welcoming, adventurous spirit, Theron embraces every new experience and everyone he meets with an open heart.

People featured are compensated by Gilead.

Support that meets you where you are

If you ever need additional support navigating your journey, your healthcare provider can help connect you with dedicated professionals—such as social workers, case managers, counselors—who can provide a range of support. They can provide help ranging from offering everyday wellness tips to directly addressing any obstacles that could be impacting your ability to stick with treatment.

Additional tips that may help support your journey



Stay connected: Have regular conversations with your healthcare provider to check in and address any questions or concerns you may have about your treatment.



Build a circle of support: Your healthcare provider is happy to connect you with professionals who can offer you support when you need it. If you feel comfortable, you may also consider leaning on trusted family and friends.



Take small steps toward wellness: When possible, choose nourishing foods, add movement to your day, and explore habits that make you feel good and support your overall well-being.

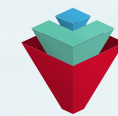


Nurture your mental health: Small steps can make a big difference in taking care of your mental and emotional health. Your healthcare provider can help connect you to trained professionals who are ready to help.

Each step you take is a step toward living healthy with HIV.

Talk to your healthcare provider about how to add these practices into your everyday routine.

BELIEVE IT.
Be it.™



BIKTARVY®
bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

Please click to see Important Facts about [BIKTARVY®](#), including important warnings about BIKTARVY, on page 20. 18

You may be able to lower the cost of your medicine



Explore Gilead's Advancing Access[®] Co-Pay Savings Program.

The Advancing Access[®] Co-Pay Savings Program may be able to help commercially insured eligible individuals lower their co-pay to as little as \$0.^{††}

If you do not have insurance, you may be able to receive BIKTARVY[®] free of charge if you qualify for the Advancing Access Patient Assistance Program.

90% of people using the Gilead Advancing Access Co-Pay Savings Program pay \$0 a month for BIKTARVY.

Source: Gilead Advancing Access Co-Pay Savings Program January 2023 - October 2024.



Advancing Access specialists can help you understand your health insurance and Gilead medication costs.

For more information, visit **GileadAdvancingAccess.com** or call 1-800-226-2056, Monday-Friday, 9 AM to 8 PM ET.

Llama a la línea directa y pide hablar con un representante de habla hispana.

For more information and resources, visit **BIKTARVY.com/Resources**.

^{††}Co-pay coupon support is available for commercially insured eligible patients only. Additional restrictions may apply. Subject to change; for full terms and conditions, visit www.gileadadvancingaccess.com/copay-coupon-card. This is not health insurance. Only accepted at participating pharmacies.

Please click to see **Important Facts about BIKTARVY[®]**, including important warnings about BIKTARVY, on page 20.



BIKTARVY[®]

bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

IMPORTANT FACTS

This is only a brief summary of important information about BIKTARVY[®] and does not replace talking to your healthcare provider about your condition and your treatment.

(bik-TAR-vee)

MOST IMPORTANT INFORMATION ABOUT BIKTARVY

BIKTARVY may cause serious side effects, including:

- **Worsening of hepatitis B (HBV).** Your healthcare provider will test you for HBV. If you have both HIV-1 and HBV, your HBV may suddenly get worse if you stop taking BIKTARVY. Do not stop taking BIKTARVY without first talking to your healthcare provider, as they will need to check your health regularly for several months, and may give you HBV medicine.

ABOUT BIKTARVY

BIKTARVY is a complete, 1-pill, once-a-day prescription medicine used to treat HIV-1 in adults and children who weigh at least 55 pounds. It can either be used in people who have never taken HIV-1 medicines before, or people who have received HIV-1 medicines in the past, or to replace their current HIV-1 medicines, and whose healthcare provider determines they meet certain requirements.

BIKTARVY does not cure HIV-1 or AIDS. HIV-1 is the virus that causes AIDS.

Do NOT take BIKTARVY if you also take a medicine that contains:

- dofetilide
- rifampin
- any other medicines to treat HIV-1

BEFORE TAKING BIKTARVY

Tell your healthcare provider all your medical conditions, including if you:

- Have or have had any kidney or liver problems, including hepatitis.
- Are pregnant or plan to become pregnant.
- Are breastfeeding (nursing) or plan to breastfeed. Talk to your healthcare provider about the risks of breastfeeding during treatment with BIKTARVY.

Tell your healthcare provider about all the medicines you take:

- Keep a list that includes all prescription and over-the-counter medicines, antacids, laxatives, vitamins, and herbal supplements, and show it to your healthcare provider and pharmacist.
- Ask your healthcare provider or pharmacist about medicines that interact with BIKTARVY.

POSSIBLE SIDE EFFECTS OF BIKTARVY

BIKTARVY can cause serious side effects, including:

- Those in the “Most Important Information About BIKTARVY” section.
- Changes in your immune system.
- New or worse kidney problems, including kidney failure.
- Too much lactic acid in your blood (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- Severe liver problems, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark “tea-colored” urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.
- **The most common side effects of BIKTARVY** in clinical studies were diarrhea (6%), nausea (6%), and headache (5%).

These are not all the possible side effects of BIKTARVY. Tell your healthcare provider right away if you have any new symptoms while taking BIKTARVY.

Your healthcare provider will need to do tests to monitor your health before and during treatment with BIKTARVY.

HOW TO TAKE BIKTARVY

Take BIKTARVY 1 time each day with or without food.

GET MORE INFORMATION

- This is only a brief summary of important information about BIKTARVY. Talk to your healthcare provider or pharmacist to learn more.
- Go to BIKTARVY.com or call 1-800-GILEAD-5.
- If you need help paying for your medicine, visit BIKTARVY.com for program information.



BIKTARVY, the BIKTARVY Logo, GILEAD, and the GILEAD Logo are trademarks of Gilead Sciences, Inc., or its related companies. Version date: July 2025
© 2026 Gilead Sciences, Inc. All rights reserved. US-BVYC-1090 05/26